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Newsletter

4th November 2022

Please be punctual for school every day

Dear Parents/Carers

Welcome back to an exciting few months at Hempstalls.

A few of our highlights this week are-

Year 6 have began their breakfast booster sessions bringing their parent/grandparent with them to join in with the learning and a bagel or two!

Reception visited the Regent Theatre for the performance of The tiger who came to tea and also had their very own afternoon tea party back in school.

Year 5 had a wonderful visit to Jodrell bank.

The team at Jodrell bank were amazed with the children's knowledge about space.

Our spooky reads day and spooky disco was a great success and all the children from age 2 (the cubs) were thrilled to take part.

I hope you all have a lovely weekend and if you are attending any bonfire/firework displays please stay safe.

Thank you for your continued support,

Miss A Bell

VACANCY
Lunchtime Supervisor Vacancy
email
l.franks@hempstalls.staffs.sch.uk
if interested

Year 6 trip to National Memorial Arboretum (Remembrance Day)

Thursday 10th November



Reception Applications

Reception applications open from 1st November 2022 this is when our Nursery children can apply for a Reception place in September 2023.

BOOK SALE

The school council will be holding their book sale on Friday at Lunch time. Books cost £1 and stationary is 20p.



How to nurture a child's mental health

- Actively listen before offering your advice
- Be patient
- Share your feelings and validate theirs
- Tell the truth
- Model healthy behavior
- Surround them with healthy adults
- Teach them how to be safe
- Use open ended questions
- Have scheduled family time
- Limit electronic time for everyone
- Reach out and hug them
- Practice relaxation exercises together
- Model forgiveness
- Respond calmly when their emotions are elevated
- View their behavior as a window to their needs and feelings
- Make play and exercise a requirement
- Recognize positive choices
- Be present
- Believe them and in them
- Be consistent and follow through with what you promise
- Set and respect boundaries

© 2019 Mental Fills Counseling Store

Wellbeing corner

We have a selection of leaflets available for parents/carers and family to help support well being challenges that you may face.

Available in main reception area.

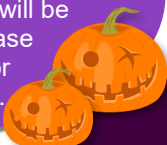
Academy Photography



Individual Pupil Photos on Monday 21st November

Thank You!

Thank you to the PSFA for organising our spooky disco on Wednesday. We are pleased to tell you that we raised £575 for the school which will be used to purchase resources for the children.



Please be respectful to our local neighbours when parking around the school area please do not block driveways.



Monday	Tuesday	Wednesday	Thursday	Friday
Make a difference LUNCH	GO GREEN LUNCH	The GREAT LOCAL ROAST LUNCH	EAT MORE WASTE LESS LUNCH	VIP Day
Homemade Chicken and Vegetable Pie Or Sausage and Cheese Pocket Wraps (V) Served with wedges	Meatball Pasta Bake Or Crispy Quorn Dipper served with Sweet and Sour Noodles	Roast Turkey served with Roast Potatoes, Roast Parsnips, Stuffing and Gravy (Vegetarian Alternative Available) Or Fish Pie, topped with Sweet Potato Mash	Spaghetti Bolognaise, served with Garlic Bread Or Filled Jacket Potato Skins	Breaded Fish Or Cheese and Potato Slice
Side Option Peas and Sweetcorn	Side Option Served with Broccoli and Carrots	Side Option Cauliflower and Broccoli	Side Option Rainbow Salad	Side Option Served with Chips Mushy Peas or Beans
Plain or Chocolate Muffin	Chocolate Rice Crispy Cake	Apple Crumble and Custard	Shortbread and Custard	Sparkling VIP Sponge and Custard

Good To Be Green & Attendance

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be Green

Reception & KS1

1H - Myley, 1K - Bram, 2C - Krystal

KS2

3M - Holly D, 4N - Ivan, Daniyal, 5P - Lucas L, Holly G, Everleigh T, 5T - AJ, Wilfred C

100% Attendance

Reception & KS1: 2C - Lucas E KS2: 3P - Cameron, 6P - Amelia E



Class Attendance

4N



Golden Book

RB Aurora R	RT Mia W
1K Mollie T	1H Martha
2C Amelia P	2M Sasha
3M Paisley	3P Olivia P
4C Sophie	4N Jack
5P Ruby	5T Summer
6M Taylor	6P Amelia E

Dates For Your Diary

Christmas Jumper Day

Thursday 8th December

Save the Children UK

National Christmas Jumper Day (all children invited to wear a Christmas jumper)

Christmas Lunches

Tuesday 13th December

Cubs/Nursery/Reception/Year 1 & 2

Wednesday 14th December

KS2

Meals to be booked on ParentPay

Tips for keeping your child safe while on social media

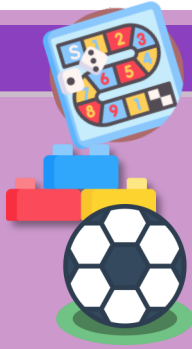


- Review the location settings
- Get to know the safety and privacy settings.
- Get to know the age ratings of the apps that your child uses.

WWW.NSPCC.org.uk

After School Clubs

We hope everyone is enjoying all the after school clubs on offer. If you have not selected an after school club please log on to parent pay to see if there are any spaces left or contact the school office.



Free Breakfast Club

Every day at 8:15am - children can have a free breakfast and chat with their friends. (No need to book)



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Families' Health and Wellbeing



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

School Nurse virtual drop in clinic

Every
Thursday
from
3.30 - 4.30pm



The School Nurse is here to help your child feel healthy, happy and safe during their school years and to get the best from their education. If you have any concerns about their health and wellbeing please drop in to chat.



Join the link and talk to a School Nurse.

We provide a confidential and friendly service

mpft.live/schoolnurse



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