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# Newsletter

Dear Parents/Carers

This week there have been lots of Lovely activities going on at Hempstalls.

Well done to all our Reception children who celebrated a marriage ceremony this week. Thank you to Father Simon and Father Phillip who made us feel most welcome at St Michaels Church.

Year 6 felt very passionately about running a valentines bake sale to raise money for the families that have been affected by the earthquake in Turkey-Syria. They planned it all by themselves and their home made cake creations were super! Thank you to all children who supported the cake sale. The total raised was £171.50.

Thank you to everyone who supported the Valentines Disco on Wednesday evening. It was lovely to see all the children enjoy themselves and displaying their best dancing moves. Thank you to our dedicated PSFA team - we will let you know in the next newsletter how much has been raised, this will be spent on resources for the children.

Wishing you all a very enjoyable half term. See you all on Tuesday 28th February.

Miss A Bell  
Headteacher



17th February 2023

## Term Dates

Finish for Half Term  
Friday 17th February 2023

School Reopens  
Tuesday 28th February 2023

# WELCOME

Welcome to Mrs Baddeley and Mrs Dickenson who are two new teaching assistants working in Y2 and Y3.

### Champion Moments

  <p>Visit to Ford Green Hall</p>	  <p>Year 1 had a visit from the Animal Man</p>	  <p>Visit a place of worship - the church</p>	  <p>Year 6 Charity fund raising bake sale</p>
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## VACANCY

AiP Alliance in Partnership  
Specialists in Education Catering

Catering Assistant  
10 hours per week / Minimum Wage

Please call Stella 07930 719014 if interested

# Wellbeing corner

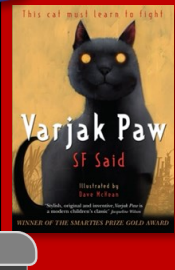
## Bedtime TIPS FOR PARENTS

Bedtime issues are a common concern for parents. Here are some tips to help you and your child have a relaxed night time routine.

- Stick to a set time to go to bed
- No screens at least 1 hour before bed time (TV, game consoles, tablets, phones)
- Remove all distracting devices from your child's bedroom
- Encourage your child to read in bed, or read them a bedtime story
- Stick to a set routine. e.g pyjamas, teeth, story, kiss goodnight
- Have a set time before your bedtime routine to chat to your child. They can tell you their worries before they are in bed.

www.thestillmethod.com

## RECOMMENDED READ



**VARJAK PAW BY SF SAID**  
 Age 7+  
 Varjak Paw is a Mesopotamian Blue kitten. He lives high up in an old house on a hill. He's never left home, but then his grandfather tells him about the Way - a secret martial art for cats



**WATER BOTTLES**  
 Only water please in your child's water bottle



**FOREST SCHOOL DATES**  
 1<sup>ST</sup> MARCH - YEAR 6



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Macaroni Cheese (v)	Mild Peri Peri Chicken with Jollof Rice	BBQ Chicken Burger with Wedges	Beef Bolognese with Pasta	Fish of the Day and Chips
Vegetarian	Vegetable Pilaf (v)	Veggie Filo Pie with New Potatoes	BBQ Quorn Fillet Burger with Wedges (v)	Chickpea and Spinach Curry with Rice (v)	Cheese and Tomato Pizza with Chips (v)
3rd Optio	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
<b>Deli</b>					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
<b>Vegetables</b>					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	
<b>Dessert</b> (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Apple Shortbread	Autumn Fruit Crumble with Custard	Vegan Chocolate Brownie	Fruit Jelly	Cookie	

Fresh seasonal salad and bread available daily.

## Golden Book

RB Charlie H

1K Violet

2C Arron

3M Alexander

4C Alfie

5P Darcy J

6M Daphne

RT Isabella J

1G Reagan

2M Elissa

3P Cameron

4N Ava

5T Alessandro

6P Oliver

## Good To Be Green & Attendance



Congratulations to all the Good to Be Green and 100% attendance winners this week

### Good To be Green

Reception & KS1

RB - Charlie, 2C - Arron, 2M - Laurena

KS2

3M - Darian, 3P - Daniel, 5P - Deshabi, 5T - Harry, 6M - Leon, 6P - Dihain, Larna, Theodore

### 100% Attendance

Reception & KS1: 1G - Isla B-S, KS2: 3M - Willow

### Class Attendance

4C



INTERNET SAFETY FOR FAMILIES



Did you know?

### Instagram

Instagram is a photo and video sharing app that is popular with teens. People on Instagram can connect with one another through comments, captions, reels, stories and hashtags on photos and videos.

**Age requirement:** To be eligible to sign up for Instagram, you must be at least **13 years old**.

Anyone 13 and older can create an Instagram account by registering an email address and selecting a username.

# CURRICULUM UPDATE

Hempstalls' Curriculum for Champions is a concept-driven curriculum where knowledge and skills are embedded and deepened through progressive and sequential teaching and learning, which is inspiring and engaging to empower all children for future success in Modern British Life. Foundation subjects are organised into blocks.

Geography	Foundation Focus	Concept
Year 1	Hot and cold place	Physical and human geography
Year 2	Continents and oceans	Physical geography
Year 3	Deserts	Physical geography
Year 4	The Tropics	Place
Year 5	Earthquakes and volcanoes	processes
Year 6	Biomes	Place

More details can be found on our school website [www.hempstalls.staffs.sch.uk/curriculum-1](http://www.hempstalls.staffs.sch.uk/curriculum-1)



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# WORLD BOOK DAY

Snuggle Up  
WITH A BOOK

Thursday 2nd March

PJs/Loungewear

Blankets

Bring in own book for  
a book swap.

Come as you are and leave as a Champion



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# If you need to talk, we're here to listen

**0808 800 2222**  
**askus@familylives.org.uk**

Free\* confidential helpline and email service for advice, information and support on any aspect of family life.

**Opening hours:**  
Mon-Fri 9am-9pm  
Sat-Sun 10am-3pm



[www.familylives.org.uk](http://www.familylives.org.uk)



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