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newsletter

Dear Parents/Carers

We celebrated International Women's Day this week by writing about and producing a range of art work about our chosen inspirational women; ranging from Amelia Earhart, Frida Kahlo, Mary Anning, Anne Frank to name but a few. We will be changing our displays around school to celebrate the week.


The next few weeks are very busy; Mothers/Special Person, Science and Phonics workshops, Parent Consultations and ending with Easter performances and celebrations. Please look out for further information about these events.

Please have a lovely weekend; wrap up warm and enjoy the snow!

Miss A Bell
Headteacher



Champion Moments

 <p>Aspirations</p> <p>Police Cadets</p>	 <p>Sport</p> <p>Balance & Beam</p>	 <p>Community</p> <p>Visit a place of worship - Lichfield cathedral</p>
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10th March 2023

EASTER FUN!

FREE

Holiday Activities and Food

for children and young people aged 5-16 who get free school meals*

Registration opens: 4pm, 17th March 2023

staffordshire.gov.uk/holidayactivities

RECOMMENDED READ

JACK AND THE FLUMFLUM TREE

BY JULIA DONALDSON AND DAVID ROBERTS
Age 5+

A fantastic, action-packed rhyming adventure



Y1 PHONICS WORKSHOPS

We would like to invite you to come to one of our Y1 workshops on Thursday 16th March, the times are 9am till 9.30 am 2.30 till 2.50pm or a zoom meeting at 5pm. We will be showing you ways you can help your child with phonics at home, handing out some useful resource packs, giving you information about the phonics screening and answering any questions you may have. Hope to see you all on Thursday.

Why is my child angry & upset after school?

- Children are often dysregulated after school, due to the stimulation of the day and emotions they have felt, which they have not had an opportunity to process.
- Children will sometimes "let go" when they are at home, as they feel safe back in their own environment and with you.
- Although this is a good sign that they are feeling safe at home, it can also be very difficult for a parent or carer giver to be on the receiving end of their anger and frustrations. Don't be concerned if your child wants to spend short amount of time on their own after school.

When this happens we can help our children by:

<p>Check if your child needs anything. Are they hungry? Thirsty? Need a hug? Time alone?</p> 	<p>Talk to them about how they are feeling and how to recognise their feelings.</p> 
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Being able to unwind and process. This can be through playing or their favourite hobby.

www.thestillmethod.com

Wellbeing corner

WORLD DOWN SYNDROME DAY

is **Tues 21st March** and we are asking children to come to school wearing **odd socks**. If you would like to donate please send your child into school with £1.

Voluntary donation of £1

Oral Health

Please ensure all children have a dentist - please log on to [Find a dentist - NHS \(www.nhs.uk\)](http://www.nhs.uk) to book your child's FREE dentist appointment.

If you as an adult or child in pain, there is a Dental Advice Line that has a limited number of emergencies appointments every day. You do need to ring early though as they get booked up very quickly.

Stoke on Trent or Staffordshire
Dental Advice Line
0300 123 0981

WATER BOTTLES

Only water please in your child's water bottle

Pre-loved UNIFORM

PLEASE ASK AT THE OFFICE FOR MORE DETAILS

Uniform - we have a section of pre-loved uniform available - please call in to see what we have available.



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Vegan Sausage Roll with Wedges (v)	Baked Mexican Chicken with Rice	Meat Feast Pizza	Teriyaki Chicken with Rice or Noodles	Fish of the Day and Chip
Vegetarian	Sweet and Sour Veggie Noodles with Edamame (v)	Veggie Biryani (v)	Veggie Pizza (v)	Cheesy Baked Mediterranean Gnocchi (v)	Jamaican Veggie Patty and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Pasta with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Chocolate Crispy Cake	Sticky Toffee Pudding with Custard	Jelly	Fruit Pie with Custard	Raspberry and Coconut Flapjack	

Fresh seasonal salad and bread available daily.



Golden Book

RB Holly	RT Noah
1K Rosie	1G Thomas
2C Grayson	2M Maria
3M Holly	3P Benjamin
4C Lexi	4N Harriet
5P Harry	5T Alana
6M Miley	6P Arda I

Good To Be Green & Attendance



Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be Green

Reception & KS1

RT - Mia, RB - Aurora, 1K - Maahirah, 2M - Isla-Rose
KS2

3M - Eric, 3P - Lina, 4C - Khloe, 4N - Demi-Leigh,
5P - Emily, 5T - Alessandro, 6M - Dylan, 6P - Jack

100% Attendance

Reception & KS1: 2C - Blake, KS2: 5P - Lucy

Class Attendance

4C and 4N



Internet Safety FOR Families



Tips for keeping your child safe while on social media

- Review the location settings
- Get to know the safety and privacy settings.
- Get to know the age ratings of the apps that your child uses.

WWW.NSPCC.org.uk

CURRICULUM UPDATE

Hempstalls' Curriculum for Champions is a concept-driven curriculum where knowledge and skills are embedded and deepened through progressive and sequential teaching and learning, which is inspiring and engaging to empower all children for future success in Modern British Life. Foundation subjects are organised into blocks.

Religious Education	Foundation Focus	Concept
Year 1	Christianity - The story of Easter	Symbolism
Year 2	Christianity - baptism	Belonging
Year 3	Islam and Sikhism - Festivals	Celebration
Year 4	Christianity - Religious traditions	Devotion
Year 5	Buddhism, Humanism and Christianity Traditions and identify	Identity and Diversity
Year 6	Christianity, Islam and Buddhism Religious writing and teaching	Important people

More details can be found on our school website

www.hempstalls.staffs.sch.uk/curriculum-1



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Dove Service



Grief Awareness Workshop for Parents/Carers

The Grief Out Loud Project

If you have experienced bereavement, life-changing/limiting illness, or any significant loss, or want to gain more awareness in how you can support others with grief and loss, you are invited to join our free workshop.

When:

Monday 20th March, 1pm-2:30pm

or

Wednesday 29th March, 10am-11:30am

Where:

Zoom

**Please contact enquiries@thedoveservice.org.uk
to book your place.**



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Dove Service



Virtual Drop-in Support

The Grief Out Loud Project

Are you supporting yourself or others through a bereavement or significant loss?

Contact us to arrange a virtual drop-in slot for confidential advice and support.

When:

Friday 17th March, 09:30am-11:30am

Where:

You will receive a link for a virtual drop-in slot

Please contact enquiries@thedoveservice.org.uk if you require more information.



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