



Personal Development Curriculum at Hempstalls Primary School

At Hempstalls Primary School, we deliver a curriculum which provides children with deep knowledge across a broad range of areas. Our curriculum offer also concentrates on developing our children personally, to become responsible global citizens and flourish in a changing and complex world.

British Values

At Hempstalls Primary School, we uphold and develop pupils' understanding of British Values. These are predominantly taught across the curriculum through JIGSAW and our weekly focused assemblies.



Democracy

Considering how we can influence decision making through our voices. Encouraging respect for and participation in democratic processes.



Individual Liberty

The freedom to choose, the freedom to believe, the freedom to express opinion, the freedom to be ambitious. Understanding that with individual liberty, comes responsibility for behaviours.



Mutual Respect

The importance of identifying and combatting discrimination



Rule of Law

Distinguishing right from wrong. Respecting the rule of law and understanding that it protects us and is essential for well-being, equality and safety. Appreciating the role of the courts and police in maintaining the rule of law.



Tolerance

Acceptance of other people's faiths or beliefs and respecting their right to an opinion



Conscious Discipline

At Hempstalls Primary School, our Behaviour and Relationships Policy is built upon a model of conscious behaviour. Our children are conscious of our five values when behaving:

- Be kind
- Be curious
- Be respectful
- Be resilient
- Be prepared

Be **KIND**



BE RESPECTFUL

Be Resilient 

BE **PREPARED**

Collective Worship

Collective worship takes place throughout the week, with a clear focus and purpose.

Monday: Vision and Values Assembly – Whole School

Tuesday: Global Current affairs

Wednesday: JIGSAW -PSHE Themed assembly


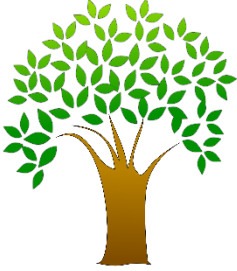

Thursday: Music Assembly

Friday: Champion Celebration Assembly







Personal Development Curriculum

At Hempstalls Primary School, our curriculum is designed to provide opportunities for our children to develop and grow beyond the expectations of the national curriculum. We consider the following themes to be a big priority in developing our children on a personal level.

	<p>With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw equips us to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus. Consultations with parents about our RSE and British Values curriculum help to develop a holistic approach to this area of the curriculum.</p>
	<p>Children have regular opportunities for outdoor learning, including sessions in our Forest Schools. These opportunities enable children to:</p> <ul style="list-style-type: none">• take risk• collaborate and make social connections• engage and appreciate the natural world• gain confidence• develop perseverance when a task is challenging• develop creative thinking skills and be willing to try out different ideas• work with increasing levels of independence
	<p>Children in Years 4 and 5 have the opportunity to take part in Bikeability training. Bikeability cycle training is a practical training programme, which provides school children with a life skill and enables them to cycle confidently and competently on today's roads.</p>



	<p>All children play a musical instrument. There are also additional paid opportunities available during the school day for guitar and piano tuition. The school supports Pupil premium by providing financial support for children to join in such opportunities.</p>
<p><i>Singing Together</i></p>  <p>YV YOUNG VOICES</p>	<p>All of our Year 5 attend the Young Voices event in various arenas around the UK. The event exposes our children to live music and inspires them for a potential future career in stage production, entertainment or music.</p>
<p>faith in FOCUS</p>	<p>We hold Faith in Focus weeks, where we raise the awareness of a particular faith on a rotation, each term. The purpose is to delve deeper into the culture, faith, beliefs and traditions.</p>
	<p>Our children are all ambassadors of our school. We have specific ambassador roles, including school council, behaviour ambassadors, sports ambassadors, deputy and head roles, sports captains, reading ambassadors.</p> <p>Year 6 pupils are play buddies for all younger children and engage our young children in traditional playground games.</p>
 <p>Career Talks Explore, Connect & get Inspired</p>	<p>In the Summer term, as our Year 6 children prepare for life beyond Hempstalls, we raise awareness of the career choices on offer through careers talks.</p> <p>We invite in a variety of careers to talk to our pupils about the skills required for the specific jobs.</p> <p>In the past, we have enjoyed talks from different sectors, such as arts, computing, services, NHS, law.</p>



Children will promote fundraising events to raise money or gifts for their chosen charity and liaise with the charity on our fundraising efforts. Children work with a chosen charity to support their cause. Where the school and the charity could benefit, the Charity Committee and School Council work together. Throughout the school year different charities are supported through different events at Hempstalls. Children also work together with the community such as speaking with the local MP about making positive changes and supporting local nursing homes. Children feed into school life decisions that are made such as clubs, school resources and initiatives.

English

Enabling pupils to understand and engage with the feelings and values embodied in high quality poetry, fiction, drama, film and television from a variety of cultures; Developing pupils' awareness of moral and social issues in media; Helping pupils to understand how language changes over time, the influences on spoken, and written language and social attitudes to the use of language; Activities that provide the opportunity for self-reflection, awareness and challenge.

Science

An emphasis on understanding how to keep the human body healthy and well; Encouraging pupils to reflect on the wonder of the natural world; Posing questions and developing enquiring minds; Recognising similarities and differences; Awareness of the ways that science and technology can affect society and the environment; Consideration of the moral dilemmas that can result in scientific developments; Showing respect for differing opinions, on creation for example; Co-operation in practical activities; Raising awareness that scientific developments are the product of many different cultures.

Art

Developing children's aesthetic appreciation; Children are encouraged to explore the feelings evoked by pieces of art and the awe and wonder they can experience through art; Giving opportunities to reflect on nature, their environment and surroundings; Studying a diverse range of artists; Exploring issues raised by artists which concern ethical issues.

Religious Education

Learning about the beliefs and practises of people from a range of faith groups; Considering and appreciating a variety of beliefs and demonstrating respect in discussion with peers; Expressing own beliefs.

Design Technology

Reflecting on products and inventions, the diversity of material and ways in which design can improve the quality of our lives; Developing awareness of the moral dilemmas created by technological advances; Considering how different cultures have contributed to technological advancements; Opportunities to work collaboratively, recognising others' strengths, sharing equipment, taking on roles.

Modern Foreign Languages

Gaining insights into the way of life, cultural traditions, moral and social developments of other people; Developing listening skills through oral/aural work.



History	Using a range of primary sources to deduce information, consider historical opinions and support the expression of own ideas; Exploring the creation and evolution of British society; Enabling pupils to reflect on ethical issues such as migration and war; Showing an awareness of the moral implications of the actions of historical figures.
Geography	Opportunities for reflecting on earth's origins, future and diversity; Reflecting on the fair distribution of the earth's resources and responsibility for issues surrounding climate change; Studies of human and physical geography give our children opportunities to reflect on the social and cultural characteristics of society. Considering and expressing solutions to problems.
Maths	Learning to be thoughtfully critical about information presented to them; enjoyment and curiosity of learning through practical mathematics, exploration, investigation and discussion leading to sustainable learning. Exposing children mathematical vocabulary to ensure that they can explain their mathematical thinking, make connections and deepening their knowledge.
Computing	Preparing children for the challenges of living and learning in a technologically advancing and increasingly interconnected world; Making clear the guidelines about the safe and ethical use of the internet; Acknowledging advances in technology and fostering an appreciation for human achievement; Using logical thinking to solve problems and resolve issues when using hardware and software.
Music	Opportunities to experience music from a diverse range of times, cultures and genres; Opportunities to think flexibly in performing, composing and improvising; Exploration of the cultural and social impact of music on society eg social interaction, political and social commentary; Opportunities to engage with and appreciate live music.

Extra – Curricular Opportunities	
After school clubs are offered each term for various year groups to attend. We aim to provide a broad and balanced extra-curricular offer, whereby life skills and future prospects are considered.	
Sport	Football, Invasion games, Yoga, ASM sports, Dance, Coding, Drama, Boxing, SEND
Life Skill	Cooking



MFL	French
Special Interest	Performing Arts Lego Arts and crafts Play dough Sensory club
Reading	Early Reading and phonics Reading Club Story and craft
Music	Recorders Singing Choir

Personal Development begins in the Early Years		
<p>Typically 2-3yrs</p> <ul style="list-style-type: none"> • Feel confident when taken out around the local neighbourhood, and enjoy exploring new places with their key person. • Grow in independence, rejecting help (“me do it”). Sometimes this leads to feelings of frustration and tantrums. 	<p>Typically 3-4yrs</p> <ul style="list-style-type: none"> • Begin to understand how others might be feeling. • Talk with others to solve conflicts. • Do not always need an adult to remind them of a rule. • Develop appropriate ways of being assertive. • Help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be 	<p>Typically 4-5yrs</p> <ul style="list-style-type: none"> • Express their feelings and consider the feelings of others. • Show resilience and perseverance in the face of challenge. • Give focused attention to what the teacher says. Responding appropriately even when engaged in activity and show an ability to follow



<ul style="list-style-type: none">• Begin to show 'effortful control'. For example, waiting for a turn and resisting the strong impulse to grab what they want or push their way to the front.• Notice and ask questions about differences, such as skin colour, types of hair, gender, special needs and disabilities, and so on.• Safely explore emotions beyond their normal range through play and stories.• Be increasingly able to talk about and manage their emotions.• Are talking about their feelings in more elaborated ways: "I'm sad because..." or "I love it when ...".	<p>Spider-Man in the game, and suggesting other ideas.</p> <ul style="list-style-type: none">• Develop their sense of responsibility and membership of a community.• Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.• Increasingly follow rules, understanding why they are important.• Play with one or more other children, extending and elaborating play ideas.	<ul style="list-style-type: none">• Identify and moderate their own feelings socially and emotionally.• Think about the perspectives of others.• See themselves as a valuable individual.
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