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Newsletter

19th May 2023

Dear Parents/Carers

This week the children in Cubs (the youngest members of Team Hempstalls) have been on the minibus to Butterfly Wonderland. They have had an amazing time. Thank you to everyone who has supported this.

Year 2 have worked incredible hard this week to complete their quizzes. They have done brilliantly! Well done to everyone who has supported them.

Congratulations to our Year 3 and 4 football team who had fixtures this week and have continued to represent the school in the community. Hempstalls has also hosted a Year 3 and 4 swimming gala for our Trust schools. Go Team Hempstalls!

Have a lovely weekend.

Mrs J Hemmings



Champion Moments

Sport



Football

Myself



Travel on a Minibus

Environment



Forest School

FOREST SCHOOL

YEAR 2 - 24TH MAY
YEAR 3 - 21ST JUNE

YEAR 4 - 28TH JUNE
YEAR 5 - 5TH JULY

YEAR 6 - 12TH JULY

Please ensure that your child is wearing suitable shoes and clothing on that day.

After School Decompress

Following the school day many children will be burnt out from sensory overload, social exhaustion & supression.

Tips to support decompression & limit after school meltdowns:

- Avoid immediate demands; unpacking bags & getting changed can wait.
- Avoid asking about their day (unless they offer it), allow time & space to process it.
- Provide a consistent & predictable after school routine.
- Give them a substantial snack.
- Prepare them for any changes to the norm i.e. Nanny is collecting.
- Respect alone time if they seek it.
- Allow jumping & loud time if needed.
- Allow plenty of time with a special interest.

www.jodiesmitten.co.uk

Wellbeing corner

7 Ways to calm down

- 1 Drink cool water
- 2 Take a break, walk away
- 3 Draw your feelings
- 4 Talk to a grown up
- 5 Go for a walk
- 6 Listen to music
- 7 Give yourself a hug



WATER BOTTLES

Only water please in your child's water bottle

Thank you to the dedicated PSFA team and everyone who supported the Chocolate Bingo event.



Total Raised

£345.85

for the school which will be used to purchase resources for the children

NURSERY CAKE SALE

Tuesday 23rd May (lunchtime) Nursery will be holding a cake sale for the rest of the school to raise Nursery funds. 50p a cake.



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Cheese and Bean Slice with Wedges (v)	Chicken, Leek and Sweetcorn Pasta	Meatball and Tomato Bake with New Potatoes	BBQ Chicken with Rice	Fish Fingers and Chips
Vegetarian	Roasted Tomato and Basil Pasta (v)	Veggie Biryani (v)	Vegan Sausage with New Potatoes and Gravy (v)	Broccoli and Cauliflower Cheese Rice Bake (v)	Samosa and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Fruit Shortbread	Iced Carrot Cake	Jelly	Vegan Summer Loaf	Fruit Cheesecake	

Fresh seasonal salad and bread available daily.



Golden Book

RB - Jasper & Vincent

1K - Mason

2C - Ollie

3M - Riley

4C - Mason

5P - Keanu

6M - Brandon

RT - Avah-Beux & Bastian

1G - Logan

2M - Laurena & Ebony

3P - Lucas

4N - Liam

5T - Parker

6P - Logan

Good To Be Green & Attendance



Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be Green

Reception & KS1

RT - Logan, 1K - Alfie, Iris, 2M - Oliver W

KS2

3M - Oliver, Steven, 3P - Jack, 4C - Oliver, 4N - Riley, 5P - Jacob, 5T - Finley, Pippa

100% Attendance

Reception & KS1: 2C - Olive, KS2: 3P - Alice C

Class Attendance

6M and 6P



HEALTHY LUNCH BOXES & HEALTHY SNACKS

Please visit the [NHS Healthier Families website](#) for tips and ideas for your child's lunch box and snacks:

[Healthy Snacks Web Link](#)

[Healthy Lunch Box Web Link](#)

★ Term Dates

School Closes

for Half Term

Friday 26th May 2023

School Reopens

Monday 5th June 2023

Internet Safety FOR FAMILIES



Smart Speakers

How to start a conversation with your child about using smart speakers

- Talk with your child about responsible use of their phone
- Discuss what to do if something upsetting or worrying happens
- Explore parental controls

CURRICULUM UPDATE

Hempstalls' Curriculum for Champions is a concept-driven curriculum where knowledge and skills are embedded and deepened through progressive and sequential teaching and learning, which is inspiring and engaging to empower all children for future success in Modern British Life. Foundation subjects are organised into blocks.

SCIENCE	Science focus	Concept
Year 1	Plants	Variation
Year 2	Animals including humans	Growth
Year 3	Plants	Function
Year 4	Living things and their habitats	Variation
Year 5	Living things and their habitats	Life cycles
Year 6	Electricity	Electricity

More details can be found on our school website

www.hempstalls.staffs.sch.uk/curriculum-1



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MAY HALF TERM

Hempstalls Primary School
Collard Avenue, ST5 9LH

Come and join us for some sports, games and activities from May 30 - June 2.

Our action-packed program gives children the chance to remain active, develop skills and make new friends within a safe and secure environment.

We are inclusive!

We value the importance of accommodating children, aged 4-12 years old, who come to us from different backgrounds. Everyone is challenged and provided with an enjoyable experience.



READ OUR REVIEWS



Each day will be themed alongside our regular sports & activities.

Tuesday Football Freestyle

Wednesday Scoot Skills

Thursday Dance Workshop

Friday Mini-Medics

Visit: www.asmsports.co.uk

Call: 01782 366332

Email: info@asmsports.co.uk

From
£10.00
per day



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Sorry no crèche
available

Parenting Programme

‘From Pram to Primary School’

(Family Caring Trust)

Struggling with your child’s behaviour; mealtimes and bedtimes becoming a challenge?

If your child is aged between 0—10 years, then this programme could be for you.

Learn new skills on how to manage challenging behaviour, supporting a child’s uniqueness and identifying how choices and consequences can support positive behaviour.

(Bring with you NI number or another form of ID please)

**FREE Adult and Community Learning funded
10 week course : Newcastle District**

**Online Virtual delivery by
Microsoft Teams**

**10am—11:30am & 1pm– 2:30pm
24th April 2023— 3rd July 2023**

If you are interested in enrolling onto the course please
email: groupwork@staffordshire.gov.uk



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Free workshop for parents of children who self-harm

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Staffordshire Educational Psychology Service have worked in partnership with the Midlands Partnership NHS Foundation Trust to create four parental workshops that will be running across Staffordshire. These informal workshops will create a safe-space for parents to discuss self-harm. There will be a presentation that will focus on understanding why children self-harm and how adults can support them.

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Castle House, Newcastle
1pm - 3pm, April 26th 2023



Staffordshire Place 1, Stafford
1pm - 3pm, May 24th 2023



East Staffordshire Children's
Centre, Burton
1pm - 3pm, 7th June 2023



Wolseley Centre, Rugeley
1pm - 3pm, 7th June 2023

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We only have limited spaces there fore if you are interested in attending please book a place by emailing:

jessica.hill@staffordshire.gov.uk



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