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Newsletter

9th June 2023

Dear Parents/Carers

The children have come back to school after a very sunny half term focused and prepared. Thank you to everyone who has provided sun hats and water bottles for their child during these Summer term week.

This week we have launched into 'Macbeth'. The children thoroughly enjoyed the performance by Year 5 and 6 and were completely inspired by the author Steve Skidmore. Drama and Shakespearean language is echoing down our corridors.

Have a great weekend

Mrs Hemmings



Champion Opportunities

<p>Community</p> <p>Visit to Mosque Year 1</p>	<p>Arts</p> <p>Macbeth Shakespeare Drama Opportunities</p>	<p>Aspirations</p> <p>Author Visit Steve Skidmore</p>	<p>Aspirations</p> <p>Careers Day Year 5 and 6</p>	<p>Arts</p> <p>Britain in Bloom</p>
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ST JOSEPH'S COLLEGE
OPEN EVENING
TUESDAY 18TH JULY 2023 FROM 6PM

St Joseph's College would like to invite the current Year 5 Students Parents to their open evening. It will comprise of a talk by Ms Roberts explaining the admissions process and also a tour of the school, guided by their current KS3 students and senior prefect team. To book a place, and for further details, please visit our website from 12th June 2023.

www.stjosephstrentvale.com

Food Pantry

We are taking donations for the food pantry if anyone has a few items spare, non perishable, no nut items to support families.

THE LION KING
Summer Production - Tickets to be released soon.
11th July & 12th July.
More details to follow.

RECOMMENDED READ

THE PROUDEST BLUE BY IBIHAJ MUHAMMAD
Age 7+

"Asiya's hijab is like the ocean and the sky, no line between them, saying hello with a loud wave."

Wellbeing corner

Four tips to help understand and manage your child's behaviour

Find more information and support on our Parent Talk hub
parents.actionforchildren.org.uk

<p>Help your child process emotions</p> <p>Your child's behaviour might change if they are struggling to process emotions. Acknowledge it's OK for your child to have these feelings.</p> <p>Try helping them identify their emotions by name.</p>	<p>Lead by example</p> <p>Children learn by copying, so show them the type of behaviour you want to see in the way you act. Try to stay calm in difficult situations.</p> <p>Role playing and small world play can also be a good way of reinforcing this. You can also try making a family kindness chart.</p>	<p>Use positive consequences</p> <p>You can try using a reward system that celebrates positive behaviours.</p> <p>When your child is behaving in a difficult way, use positive language to guide them away from it. This way, you're not focusing on the negative behaviour.</p>	<p>Aim for rewards</p> <p>Rewards can take many forms. They can be as simple as praising your child.</p> <p>Think about things your child loves to do. This could be an extra story at bedtime, a trip to the park, or watching a favourite film. These are also great ways to get time together.</p>
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FOREST SCHOOL

YEAR 3 - 2ND JUNE
YEAR 4 - 28TH JUNE
YEAR 5 - 5TH JULY
YEAR 6 - 12TH JULY

Please ensure that your child is wearing suitable shoes and clothing on that day.

WATER BOTTLES

Only water please in your child's water bottle

Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Monday

FOCUS ON FIBRE

Wholemeal Veggie Pizza

Filled with fibre!
Wholemeal flour in the base with lentils and tomatoes in the sauce.

Thai Style Rice with Beans

Brilliant brown rice and bouncing beans boost the fibre in this delicious dish, and it's packed with veggies too!

Oaty Fruity Flapjack

Today's flapjack contains oats and dried fruit.

Tuesday

GET AT LEAST 5 A DAY

Chicken and Vegetable Stir Fry with Noodles/Rice

Look out for the peppers, sweetcorn, onions and cabbage! Can you spot any other veg?

Macaroni and Cheese

Marvelous mac with sensational butternut squash in the sauce

Vegan Berry Muffin

Bouncing berry muffin - berry-licious!

Wednesday

VARY YOUR PROTEIN

Cottage Pie

This clever cottage pie includes some lovely lentils to help you vary your protein.

Cheese and Bean Enchilada

Bursting with protein providing beans and cheese!

Chocolate Custard Pudding

Guess what? We are working on reducing food waste by turning our unused bread in to a yummy traditional pudding, try it - it's delicious!

Thursday

STAY HYDRATED

Roast Chicken with Lemon and Herb Rice
Make sure you have a drink at every meal time.

Chickpea Curry with Lemon and Herb Rice
Tap water is a great choice, so grab a glass with your lunch today.

Yoghurt Smoothies
Keep your water bottle topped up so you have plenty to drink during the day.

Friday

REDUCE FOOD WASTE

Fish of the Day with Chips and Peas
Our Friday menu is always popular, so we know there won't be any food waste today!

Veggie Nuggets with Chips and Peas

Wasty to Tasty Fruity Surprise
We are reducing food waste again! Our surprise dish uses up spare milk, yogurt and fruit to create a delicious, dreamy dessert.



Golden Book

RB - Jenson

1K - Willow

2C - Tiffany

3M - Daisy-Mai

4C - Acacia

5P - Dennison

6M - Amelia G and Layla

RT - Aaron

1G - Sienna

2M - Junior

3P - Peter

4N - Owen

5T - AJ

6P - Larna

Good To Be Green & Attendance

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be Green

Reception & KS1

1H - Myley, 1K - Nevaeh, Nicole, Olivia, 2M - Zain

KS2

4C - Mollie, 4N - Harry, 5P - Darcy J, 5T - Scarlett, 6M - Grace, 6P - Oliver, Tyler

100% Attendance

Reception & KS1: 1G - Isabella, KS2: 5P - Owen H

Class Attendance

1G



HEALTHY LUNCH BOXES & HEALTHY SNACKS

Please visit the [NHS Healthier Families website](#) for tips and ideas for your child's lunch box and snacks:

[Healthy Snacks Web Link](#)

[Healthy Lunch Box Web Link](#)

Free Breakfast Club

Every day at 8:15am - children can have a free breakfast and chat with their friends. (No need to book)



Internet Safety FOR Families



Tips for keeping your child safe while gaming online.

- Check the game's content
- Change the settings
- Talk to your child regularly
- Make a family agreement

www.NSPCC.org.uk

CURRICULUM UPDATE

Hempstalls' Curriculum for Champions is a concept-driven curriculum where knowledge and skills are embedded & deepened through progressive & sequential teaching and learning, which is inspiring and engaging to empower all children for future success in Modern British Life. Foundation subjects are organised into blocks.

Religious Education	RE focus	Concept
Year 1	Islam	Identity and diversity
Year 2	Judaism	Inspirational People
Year 3	Sikhism	Belief
Year 4	Hinduism	Belief
Year 5	Christianity and Judaism	Values
Year 6	Sikhism	Values

More details can be found on our school website
www.hempstalls.staffs.sch.uk/curriculum-1



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DO YOU NEED A BREAK?

Caudwell Children support families with autistic children and children with a disability by providing Short Breaks Activity Sessions.

These sessions are an amazing way for children to learn, play and make new friends in a safe and welcoming environment, while giving families vital respite.

For more information, please scan the QR
or email short.breaks@caudwellchildren.com



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Sorry no crèche
available

Parenting Programme

‘From Pram to Primary School’

(Family Caring Trust)

Struggling with your child’s behaviour; mealtimes and bedtimes becoming a challenge?

If your child is aged between 0—10 years, then this programme could be for you.

Learn new skills on how to manage challenging behaviour, supporting a child’s uniqueness and identifying how choices and consequences can support positive behaviour.

(Bring with you NI number or another form of ID please)

**FREE Adult and Community Learning funded
10 week course : Newcastle District**

**Online Virtual delivery by
Microsoft Teams**

**10am—11:30am & 1pm– 2:30pm
24th April 2023— 3rd July 2023**

If you are interested in enrolling onto the course please
email: groupwork@staffordshire.gov.uk



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DRAMA
SCHOOL

for the
Love
of **Art**

Join us for a week of creative fun, exploring our love of the arts!
Using Drama, Dance, Music & Mindfulness to create a unique show
to be performed at the end of the week.

At Thistley Hough Academy, Penkhull, ST4 5JJ
7th-11th August 2023. 10am-4pm daily & 10am-7pm on the Friday

Performances held on Friday 11th August at 3pm & 6pm.

Ages 5-15 (in age appropriate groups)

£120 per pupil. £100 each for siblings. £30 deposit per pupil.

To book contact: dramaschoolinfo@gmail.com or Vicky on 07808 473588



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