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# newsletter

Dear Parents/Carers

We have had a very busy week this week in school with Sports Day, thank you to everyone who came. The weather nearly held out for all of our year groups! A big thank you to ASM for organising such a great event.

Year 2 have had a great time in Llandudno and Nursery at Amerton Farm. Their behaviour has been outstanding.

Thank you to everyone who attended our Summer Fayre. All monies raised will go towards the running cost of our School mini bus, puddle suits and Y6 leavers hoodies and much more. Thank you so much!

It was a pleasure to meet some of our new families during our home visits whom will join Early Years in September. We look forward to welcoming them into school for their transition sessions.

Next week the children will meet their new class teachers and have a wonderful morning in their new classes.

We hope you have a lovely weekend and the sun keeps shining.

Miss Bell & Mrs Hemmings

30th June 2023

## Term Dates

School Closes For Summer:  
Friday 21st July 2023

Autumn Term Starts:  
Wednesday 6th September 2023

## SUMMER RAFFLE WINNERS

WED 28TH JUNE

Nintendo Switch with 2 games Anthony Chell

£50 Cash Andy Biddulph

Luxury Hamper Mrs Brockley

£25 Cotton Mill Voucher Jay Dalgarno

4x Cineworld Tickets Rachel Walton

6 Players (1 game) Ten Pin Stoke Julie Wareham

£20 Stoke Ski Centre Voucher Leon Wang

6x Jumbo Play Vouchers Aaron Baddeley

2x Cheeky Monkey's Play & Eat Gregory Swann

2x Just Kidding Child Entry Vouchers  
James Benn

4x Subway Vouchers William Thomas

Odeon Antman and Little Mermaid Poster  
T Everill

£90 Perfect Image Photography Gift Certificate  
\*for use towards a portrait session only\*  
Michelle W

### Champion Moments

**Aspirations**

Visit a Zoo/Farm  
Nursery - Amerton Farm

**Myself**

Be Part of a Team/Take  
Part in a Sporting Event

**Sport**

Swimming

## THE LION KING

Summer Production  
Tickets to be released soon.  
11th July & 12th July.  
More details to follow.

### RECOMMENDED READ

**DOGGER BY SHIRLEY HUGHES**

Age 2+

A classic picture book from award-winning author-illustrator Shirley Hughes tells the endearing story of how Dogger, the much loved toy dog, was lost and finally found again.

## Positive Habits

Try to do these every week to keep your mind positive

- Exercise**: Physical exercise boosts your mood and can reduce anxiety and stress.
- Connect**: Its important to feel connected. Spend time with your family, friends or local community.
- Relax**: Make sure you have some time to switch off and relax your mind. Some people also enjoy doing their hobbies to relax.
- Skills**: Find ways that help you cope with your worries and anxiety. Use them whenever you are feeling stressed.
- Talk**: Share your worries or feelings with a family member or friend. By sharing your feelings it can help anxiety.
- Techniques**: Use techniques to keep you in the present and aware of your surroundings. This helps with anxiety.
- Achievements**: Celebrate your achievements as much as possible. They don't have to be big, every achievement matters.

www.thestillmethod.com

## Wellbeing corner

Notice how positive emotions are contagious between people

ACTION FOR HAPPINESS

## WATER BOTTLES

Only water please in your child's water bottle

## FOREST SCHOOL

YEAR 5 - 5<sup>TH</sup> JULY  
YEAR 6 - 12<sup>TH</sup> JULY

Please ensure that your child is wearing suitable shoes and clothing on that day.



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Cheese and Bean Slice with Wedges (v)	Chicken, Leek and Sweetcorn Pasta	Meatball and Tomato Bake with New Potatoes	BBQ Chicken with Rice	Fish Fingers and Chips
Vegetarian	Roasted Tomato and Basil Pasta (v)	Veggie Biryani (v)	Vegan Sausage with New Potatoes and Gravy (v)	Broccoli and Cauliflower Cheese Rice Bake (v)	Samosa and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Salmon Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Fruit Shortbread	Iced Carrot Cake	Jelly	Vegan Summer Loaf	Fruit Cheesecake	

Fresh seasonal salad and bread available daily.



## Golden Book

RB - Isabella  
 1K - Rory  
 2C - Nicole  
 3M - Adam  
 4C - Cathryn  
 5P - Alexia  
 6M - Oliver

RT - Aaron  
 1G - Albie  
 2M - Edward  
 3P - Jack  
 4N - Atrisa  
 5T - Zoya  
 6P - Lauren

## Good To Be Green & Attendance



Congratulations to all the Good to Be Green and 100% attendance winners this week

### Good To be Green

#### Reception & KS1

RT - Charlie, 1H - Flynn, 2C - Blake, 2M - Sasha

#### KS2

3M - Thomas, 3P - Benjamin, Shivon, 4N - Hollie-May, 5T - Summer, 6M - Daphne, Grace, Robyn

### 100% Attendance

Reception & KS1: 2M - Junior, KS2: 6M - Brandon

### Class Attendance

6M



## Food Pantry



We are taking donations for the food pantry if anyone has a few items spare, non perishable, no nut items to support families.

## INTERNET SAFETY FOR FAMILIES



### Phones

How to start a conversation about using a phone safely.

- Talk with your child about responsible use of their phone
- Discuss what to do if something upsetting or worrying happens
- Explore parental controls

## HEAD LICE

We seem to have a few cases of head lice in school at the moment. Please could we ask all parents to regularly check their child and all family members hair and treat if necessary. It is always best if children with long hair have it tied up. Thank you for your support.

## CURRICULUM UPDATE

Hempstalls' Curriculum for Champions is a concept-driven curriculum where knowledge and skills are embedded & deepened through progressive & sequential teaching and learning, which is inspiring and engaging to empower all children for future success in Modern British Life. Foundation subjects are organised into blocks.

Art	Art focus	Concept
Year 1	Texture	Materials
Year 2	Sculpture	Technique
Year 3	Line	Interruption
Year 4	Sculpture	Technique
Year 5	Printing	Evaluation
Year 6	Shape	Style

More details can be found on our school website [www.hempstalls.staffs.sch.uk/curriculum-1](http://www.hempstalls.staffs.sch.uk/curriculum-1)



Please be respectful to our local neighbours when parking around the school area please do not block driveways.

# SUMMER FUN!

**FREE**

## Holiday Activities and Food

for children and young people aged 5-16 who get free school meals\*

Registration opens: 4pm, 3rd July 2023  
[staffordshire.gov.uk/holidayactivities](http://staffordshire.gov.uk/holidayactivities)

\*Eligible children and young people will be sent a code via school to register

Scan Me

Department for Education  
 Staffordshire County Council  
**HOLIDAY ACTIVITIES AND FOOD**

# DRAMA SCHOOL

for the Love of Art

Join us for a week of creative fun, exploring our love of the arts! Using Drama, Dance, Music & Mindfulness to create a unique show to be performed at the end of the week.

At Hestley Hough Academy, Penkull, ST4 5JJ  
 7th-11th August 2023. 10am-4pm daily & 10am-7pm on the Friday

Performances held on Friday 11th August at 3pm & 6pm.

Ages 5-15 (in age appropriate groups)

£120 per pupil. £100 each for siblings. £30 deposit per pupil.  
 To book contact: [dramaschoolinfo@gmail.com](mailto:dramaschoolinfo@gmail.com) or Vicky on 07808 473588

# DANCE SUMMER SCHOOL

**7-11 August**  
 from 9am to 3pm

**Hempstalls**  
 Primary School

**£20**  
 Per day

**AGES 7-11**

### THE ACTIVITIES

Children get involved in different styles of dance and activities through out the week.

- Group work
- Confidence building activities
- Games
- Choreography challenges
- Exploring musical theatre and how to create and put together a show
- Drama sessions
- SHOWTIME DAY 5

**LIMITED SPACE REGISTER NOW**

Call: +44 7740 548081  
 Email: [bethanyrosemcgill@hotmail.com](mailto:bethanyrosemcgill@hotmail.com)

\*All staff are first aid trained and have DBS

caudwell children  
 Changing Children's Lives

## DO YOU NEED A BREAK?

Caudwell Children support families with autistic children and children with a disability by providing Short Breaks Activity Sessions.

These sessions are an amazing way for children to learn, play and make new friends in a safe and welcoming environment, while giving families vital respite.

For more information, please scan the QR or email [short.breaks@caudwellchildren.com](mailto:short.breaks@caudwellchildren.com)

SCAN ME

Please be respectful to our local neighbours when parking around the school area please do not block driveways.