



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1K	Sport: multi-sports games Concept: Fundamentals	Sport: Dance Concept: Musical Theatre	Sport: Gymnastics - Balance and Beam Concept: Gymnastics - Travel and shape	Sport: multi-sports games Concept: Fundamentals	Sport: Athletics Concept: Athletics - Run, throw, jump	Sport: Cricket Concept: Striking and Fielding
1H	Sport: Dance Concept: Musical Theatre	Sport: multi-sports games Concept: Fundamentals	Sport: multi-sports games Concept: Fundamentals	Sport: Gymnastics - Balance and Beam Concept: Gymnastics - Travel and shape	Sport: Cricket Concept: Striking and Fielding	Sport: Athletics Concept: Athletics - Run, throw, jump
2P	Sport: multi-sports games Concept: Fundamentals	Sport: Gymnastics Concept: Gymnastics	Sport: Climbing - Clip and Climb Concept: Outdoor Adventure	Sport: Dance Concept: Musical Theatre	Sport: Athletics Concept: Athletics - Run, throw, jump	Sport: Rounders Concept: Striking and Fielding
2H	Sport: Gymnastics Concept: Gymnastics	Sport: multi-sports games Concept: Fundamentals	Sport: Dance Concept: Musical Theatre	Sport: Climbing - Clip and Climb Concept: Outdoor Adventure	Sport: Rounders Concept: Striking and Fielding	Sport: Athletics Concept: Athletics - Run, throw, jump
3E	Sport: Gymnastics / Yoga Concept: Gymnastics	Sport: Football Concept: Invasion Games	Sport: Netball Concept: Invasion Games	Sport: Dance Concept: Modern/Street	Sport: Athletics Concept: Athletics - Personal Best	Sport: Cricket Concept: Striking and Fielding
3CT	Sport: Football Concept: Invasion Games	Sport: Gymnastics / Yoga Concept: Gymnastics	Sport: Dance Concept: Modern/Street	Sport: Netball Concept: Invasion Games	Sport: Cricket Concept: Striking and Fielding	Sport: Athletics Concept: Athletics - Personal Best
4P	Sport: Gymnastics Concept: Gymnastics	Sport: Tag Rugby Concept: Invasion Games	Sport: Dance Concept: Modern/Street	Sport: Hockey Concept: Invasion Games	Sport: Athletics Concept: Athletics - Personal Best	Sport: Rounders Concept: Striking and Fielding
4Ch	Sport: Tag Rugby Concept: Invasion Games	Sport: Gymnastics Concept: Gymnastics	Sport: Hockey Concept: Invasion Games	Sport: Dance Concept: Modern/Street	Sport: Rounders Concept: Striking and Fielding	Sport: Athletics Concept: Athletics - Personal Best
5Mc	Sport: Football Concept: Invasion Games	Sport: Gymnastics Concept: Gymnastics	Sport: Hockey Concept: Invasion Games	Sport: Dance Concept: contemporary	Sport: Athletics Concept: Athletics - Competition	Sport: Cricket Concept: Striking and Fielding
5P	Sport: Gymnastics Concept: Gymnastics	Sport: Football Concept: Invasion Games	Sport: Dance Concept: contemporary	Sport: Hockey Concept: Attack v defence	Sport: Cricket Concept: Striking and Fielding	Sport: Athletics Concept: Athletics - Competition
6McD	Sport: Dance Concept: contemporary	Sport: Tag Rugby Concept: Invasion Games	Sport: Skiing Concept: Outdoor Adventure Sport: Netball Concept: Invasion Games	Sport: Gymnastics Concept: Gymnastics - Shape and Sequence	Sport: Athletics Concept: Athletics - Competition	Sport: Rounders Concept: Striking and Fielding
6TT	Sport: Tag Rugby Concept: Invasion Games	Sport: Dance Concept: contemporary	Sport: Dance Concept: Dance - Motif and Choreography	Sport: Skiing Concept: Outdoor Adventure Sport: Netball Concept: Invasion Games	Sport: Rounders Concept: Striking and Fielding	Sport: Athletics Concept: Athletics - Competition
	Connecting Concepts	Healthy Lifestyle Leadership Movement		Personal Development Tactics & Strategy Teamwork		