



Hempstalls Primary School

COME AS YOU ARE AND LEAVE AS A CHAMPION



www.hempstalls.staffs.sch.uk



office@hempstalls.staffs.sch.uk



01782 950082

NEWSLETTER

Dear Families and Friends of Hempstalls,

It's been a bright and sunny week here at Hempstalls, and the children have been exceptionally busy in their D&T, Art, and ICT lessons. They have also created some fantastic Romeo and Juliet writing pieces, spanning from Reception to Year 6.

Thank you to everyone who attended our Summer Fayre on Wednesday. It was wonderful to see so many of you there, and the children had an amazing time. We will let you know soon about the total amount raised and how we plan to use the funds, which will include input from the children. If you're interested in joining the PSFA team, please contact Mrs Baddeley - sbaddeley@hempstalls.staffs.sch.uk. She would love to hear from you.

Next week is transition week at Hempstalls. We have organised various activities, including staff visiting classes to read stories to the children. On Thursday, 4th July, we will have our Move Up Day, where children will spend the entire day with their new class teachers.

We also kindly request that you complete our parent survey questionnaire. Your feedback is crucial in helping us celebrate our successes and identify areas for improvement in the upcoming academic year. Please complete the survey by Monday, 1st July 2024.

Have a wonderful weekend, and thank you for your continued support.

Miss A Bell

28TH JUNE 2024

TERM DATES



**Friday 19th July - Finish
for Summer**

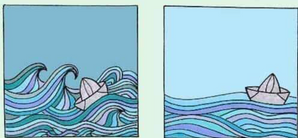


Attendance and punctuality

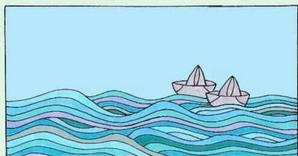
**Be at school every
day and on time!**

Wellbeing corner

WHEN THEIR STORM MEETS OUR CALM



CO - REGULATION OCCURS



@kwan32



ANXIETY TIP Glass of Water

DEHYDRATION

can increase the level of cortisol (stress hormones) which can create sensations which can feel like an anxiety attack.
When you feel anxiety creeping in, have a glass of water.

WHOLE SCHOOL TRANSITION DAY - 4TH JULY



- Parent Protect - Internet Safety
- Keeping children safe online - NSPCC
- Keep Children Safe Online - Internet Matters

Some useful parent links to help keep
our children safe online.



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Vegan Sausage Roll with Potato Salad	Meat Feast Pizza	Roast Chicken with Roast Potatoes & Gravy	Chicken Curry with Rice	Oven Baked Fish Fingers with Chips
Vegetarian	Spiced Vegetable Curry with Rice (v)	Margherita Pizza (v)	Roasted Vegetable Quesadilla with Roast Potatoes	Tomato Pasta	Veggie Nuggets with Tomato & Sweetcorn Sala and Chips
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Berry Crumble Traybake	Oat & Lemon Cookie	Strawberry Mousse	Pear & Ginger Cake	Jelly	

Fresh seasonal salad and bread available daily.



CHAMPION AWARD

RB - Indhi-Rose
RM - Charlie
1C - Rome
1E - Jasper
2C - Iris
2M - Jake
3Mc - Isla-Rose

3P - Eliza
4B - Eric
4K - Kaan
5T - Owen
5P - Archie H & Kourtney
6P - Molly & Alexia
6M - Everleigh

GOOD TO BE GREEN & ATTENDANCE

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good to Be Green

Reception & KS1

RM - Ivy, RB - Ash, 1C - Lucas, 2M - Sienna

KS2

3MC - Xander & Jessica, 3P - Llaneya, 4K - McCauley, 5T - Aidan & Cathryn, 6P - Ollie & Molly

100% Attendance

Reception & KS1 - Oliver S (2C) KS2 - Isla-Rose (3MC)

Class Attendance

2M



JACKSON 5 AWARD

1C - Jenson
1E - Sarah

2C - Isla
2M - Reggie

3P - Ollie
3MC - Jenson S

4B - Sophie
4K - Darcy

5T - Aleksander
5P - Mavy

6M - Layla
6P - JJ

WATER
BOTTLES

Only water please
in your child's
water bottle

ZUMBA GOLD®



Hempstalls Primary
School
Mondays & Tuesdays
7pm
Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact workout. No booking required, just turn up at the door and join in with a super friendly group of ladies.
For more information, contact Jennie on 07921820823



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

CHAMPION MOMENTS



**Trentham
Gardens**



Sports Day



**Playing a musical
instrument**

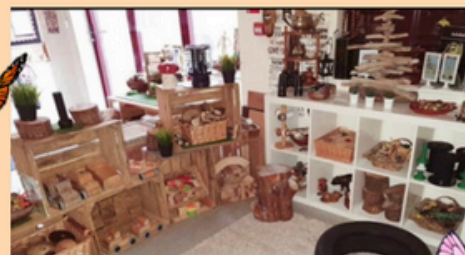
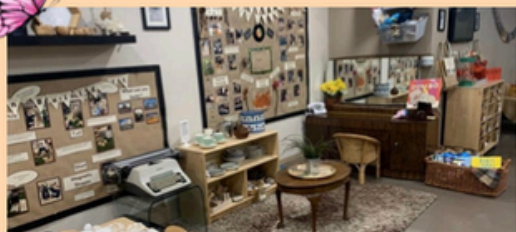
YOUR TRASH IS OUR TREASURE!

AT HEMPSTALLS, IN THE EYFS DEPARTMENT WE ARE IN THE PROCESS OF DEVELOPING OUR LEARNING ENVIRONMENTS. WE ARE EAGER TO GATHER WOODEN, NATURAL & REAL RESOURCES FOR OUR CLASSROOM THAT WILL ENHANCE LEARNING AND VOCABULARY FOR OUR CHILDREN AND CREATE A PURPOSEFUL, CALM AND INVITING ENVIRONMENT.

IF YOU HAVE ANY OF THE BELOW YOU WOULD BE HAPPY TO DONATE, OR YOU KNOW WHERE WE COULD SOURCE ITEMS THAT ARE IN GOOD CONDITION PLEASE SPEAK TO YOUR CLASS TEACHER / ROOM LEADER.

WE ARE LOOKING FOR ...
OLD SAUCEPANS / KITCHEN UTENSILS
WOODEN CRATES
ELECTRICAL CABLE DRUMS
PICTURE FRAMES
SMALL RUGS / MATS
BASKETS

THANK YOU FOR YOUR CONTINUED SUPPORT
MRS MULLOCK (ASSISTANT HEAD / EYFS LEADER)



What Parents & Carers Need to Know about iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

WHAT ARE THE RISKS?

PHYSICAL DAMAGE

While some tablets (such as the Amazon Fire Kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

INAPPROPRIATE CONTENT

18
CENSORED

Even if it would never occur to your child to go searching online for age-inappropriate sites, apps or information, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

SIRI SUGGESTIONS

The parental controls built into iOS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settings menu.

Advice for Parents & Carers

ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able to use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.

APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.

STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny!) it. This option only becomes available if you've set up Family Sharing.

SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.

TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



NOS National Online Safety
#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

**We now have a text messaging service for
parents/carers of children aged 0-19 who
live in Staffordshire.**

**Get advice from our Public Health nurses
(Health Visitors and School Nurses).**

TEXT: 07520 615722



**Feeding and
nutrition**



**Child
development**

**Parenting advice
and support**

**Emotional health
and wellbeing**



**Behaviour
difficulties**

**Family
health**



We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm. If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health visitor from sending messages to you, text STOP to our number. Messages are charged at your usual rates.



Are you concerned about a child?

If you are concerned about a child:

Make a factual record of your concern.
(Include day, date, time, other witnesses, concern and your signature).

You must share your concerns without delay



Miss A Bell
Designated Safeguarding Lead Officer



Mrs K Timmis
Safeguarding Lead



Mrs J Hemmings
**Deputy Designated
Safeguarding Officer**



Mrs R Mullock
Safeguarding Lead



Miss C McDonald
Safeguarding Lead



Mrs E Kirkham
Safeguarding Lead

Or Contact Staffordshire Children's Advice and Support Service
0800 111 8007