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newsletter

Dear Parents/Carers,

We have had an eventful week at Hempstalls, filled with enriching Champion opportunities for our children:

Representatives from the Newcastle Borough council visited our school to educate the children on the importance of recycling. The children were engaged and had some insightful questions during the session.

The fire service conducted a session with our Year 2 children, emphasising the importance of fire safety. It was an informative session aimed at educating our young learners about staying safe.

Our Year 4 children have had a busy week. They had the opportunity to visit a local mosque, deepening their understanding of different faiths. Additionally, they explored Roman history further by visiting The Grosvenor Museum in Chester.

Congratulations to all our Year 5 children for successfully completing the Staffordshire Police Cadets Scheme. It's a significant achievement, and we're proud of their dedication and commitment.

Thank you for your ongoing support.

Best regards,

Miss A Bell
Headteacher

1st March 2024

Term Dates

Friday 22nd March - Finish for Easter

Monday 8th April - Return to School

Attendance and Punctuality

Be at school every day and on time!
Every minute of



Champion Moments

Arts



Roman Chester Tour



Community



Year 5 Police Cadets

WORLD BOOK DAY

Thursday 7th March



Dress up as your favourite character from a book



Pre-loved UNIFORM



Uniform - we have a section of pre-loved uniform available - please call in to see what we have available.

PLEASE
CLEAN UP
AFTER YOUR
DOG



10 healthy WAYS to Deal With ANGER

1. Walk away and cool down.
2. Take Steady Breaths and focus on exhaling slowly.
3. Count to 20 or more until you feel calmer.
4. Stretch or do yoga.
5. Use I-Statements Be say how you feel what you need & how you want to be treated.
6. Take a break and use a calming tool like a stress ball.
7. Exercise or play a sport.
8. Squeeze then relax your muscles.
9. Push against the wall or floor and then relax.
10. Scribble on paper or write about what's bugging you.

Wellbeing corner



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Margherita Pizza (v)	Cottage Pie	Roast of the Day with Roast Potatoes and Gravy	Build your own Chicken Wrap with Mexican Rice	Fish and Chips
Vegetarian	Teriyaki Noodles with Edamame (v)	Bean and Spinach Enchilada (v)	Quorn Fillet with Roast Potatoes and Gravy (v)	Cheese and Tomato Quesadilla with Mexican Rice (v)	Veggie Nuggets and Chips (v)
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw

Deli

Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese

Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Hot Seasonal Vegetables

Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)

Iced Carrot Cake

Flapjack

Autumn Cake with Custard

Jelly Crunch Pot

Fruit Mousse

Fresh seasonal salad and bread available daily.



CHAMPION AWARD

RB	Ivy	3P	Ruby-Mai
RM	Maggie	4B	Emilia
1C	Louis-Joe	4K	Ocearna
1E	Alice	5T	Noah
2C	Rosie	5P	Atrisa
2M	Violet	6M	Rudy
3Mc	Jessica	6P	Molly



Good To Be Green & Attendance

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be GreenReception & KS1

RB Nevaeh, RM Ivy, 2C Sophie, 2M Tommy

KS2

3P Nicole, 4B Alexis & Daniel, 4K Aaradhya, 5P Zakk, 6P Zoya & Ollie

100% Attendance

Reception & KS1 - Violet

KS2 - Aaradhya

Class Attendance

RM



Jackson Award

For demonstrating the school values of Respect, Resilience, Prepared, Curious, Kindness

1C - Albert

2C - Albie

3Mc - Tilani

4B - Oliver

5P - Irene

6M - Finley

1E - Jasper

2M - Arthur

3P - Ella

4K - Lucas

5T - Llnaya-Mai

6P - Ruby

ZUMBA GOLD®



Hempstalls Primary School
Mondays & Tuesdays
7pm
Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact

workout. No booking required just turn up at the door and join in with a super friendly group of ladies.

For more information, contact Jennie on 07921820823

WATER BOTTLES

Only water please in your child's water bottle

WE'RE LOOKING FOR
LEGO DONATIONS



FOR OUR AFTER SCHOOL CLUB



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**Building
stronger
families**

Family Action Staffordshire Family Support and Outreach Service

Supporting Staffordshire Families

What we can support you with?

Family Support Workers are able to provide support for children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities.

Examples of the support we can provide includes:

- parenting skills and strategies
- building healthy relationships
- emotional wellbeing
- staying safe in the community
- building confidence and self esteem
- child development
- building positive relationships between home and school
- housing and financial issues
- returning to employment or education
- developing positive community relationships
- access to local services and facilities

To contact us telephone:

Moorlands & Newcastle: 01782 228 963

Cannock & South Staffs: 01543 735 699

Stafford: 01785 558 172

Email: staffordshire@family-action.org.uk

Web: www.family-action.org.uk

Become a Volunteer Befriender

Our volunteer befrienders provide direct support to families. They help and support families to get the best from the resources and services within their community.

Please get in touch if volunteering is something you would like to explore with Family Action or scan the QR code to go to our website



www.family-action.org.uk

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