

# Hempstalls Primary School

## COME AS YOU ARE AND LEAVE AS A CHAMPION



[www.hempstalls.staffs.sch.uk](http://www.hempstalls.staffs.sch.uk)



[office@hempstalls.staffs.sch.uk](mailto:office@hempstalls.staffs.sch.uk)



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# NEWSLETTER

Dear Families of Hempstalls,

We have had an excellent week at Hempstalls! On Tuesday, we engaged in our monthly retrieval day, a valuable opportunity to revisit past learning across all year groups. Our retrieval books, which will be given to our children upon leaving us in Year 6, celebrate our curriculum for Champions.

Our focus this week was on the British Value of Rule of Law, particularly relating to behaviour at Hempstalls. Our upcoming gold behaviour prize, a trip to VUE Cinema and Dimensions later in the summer term, awaits those who continue to strive for excellence. Equally well done to our children collecting stickers daily on their bookmarks and exchanging them for school prizes.

A special mention goes out to our talented dancers this week. Our children from Year 4, 5, and 6 showcased their skills at The Repertory Theatre in the dance show led by our dance teacher Beth. It was heartening to see many other Champion present and past Hempstalls children from EYFS, KS1, and KS2 participating in multiple routines and supporting each other on stage and back stage. We are immensely proud of them all!

Wishing you a delightful bank holiday weekend, and we look forward to seeing you on Tuesday, May 7th.

Warm Regards,  
Miss A Bell  
Headteacher

## 3RD MAY 2024

### TERM DATES



Monday 6th May - Bank holiday  
Friday 24th May - Finish for half term  
Monday 3rd June - Inset day  
Tuesday 4th June - Return to school



### Attendance and punctuality

Be at school every day and on time!



### WAYS TO DE-ESCALATE

[www.thestillmethod.com](http://www.thestillmethod.com)

Don't try to reason

Don't start shouting over a screaming child

Try to distract

Respect their personal space

Get on your child's level

Don't judge

Listen but stay silent

Be aware of your body language

Empathise

Use their coping strategies



**PSFA Chocolate Bingo**  
**Wednesday 8th May 5-7pm**



**Year 1 trip - Imagine That**  
**Wednesday 8th May**



- Parent Protect - Internet Safety
- Keeping children safe online - NSPCC
- Keep Children Safe Online - Internet Matters

Some useful parent links to help keep our children safe online.



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	'Mac and Squash' Cheese	Sausage and Mash with Gravy	Roast Chicken with Roast Potatoes & Gravy	Asian Chicken Noodles or Rice	Crispy Baked Fish with Chips
Vegetarian	Pasta Primavera	Veggie Sausage Traybake with Mash	Roasted Vegetable Tart with Roast Potatoes	Thai Veggie Fried Rice	Onion Bhaji and Chutney Wrap with Chips
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables					
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Orange Shortbread					
Apple & Rhubarb Crumble with Custard					
Crispy Cake					
Coconut Berry Vegan Cake					
Dessert					

Fresh seasonal salad and bread available daily.

## CHAMPION AWARD

RB - Isabell  
RM - Zena  
1C - Ivy  
1E - Charlie  
2C - Edward  
2M - Leah  
3Mc - Sasha

3P - Lana  
4B - Isabelle  
4K - Virat  
5T - William  
5P - Ivan  
6P - Darci  
6M - Emily

## GOOD TO BE GREEN & ATTENDANCE

Congratulations to all the Good to Be Green and 100% attendance winners this week

### Good to Be Green

#### Reception & KS1

RM - Mia, 1E - Azlan & Sarah & Isabella

#### KS2

3Mc- Tiffany & Ebony, 3P - Harry, 4K - Shvon, 6P - Lenny & Alexia & Blossom, 6M - Xavier

### 100% Attendance

Reception & KS1 - Charlie (RM) KS2 - Maison (6P)

### Class Attendance

1C & 3MC & 6P

## JACKSON 5 AWARD

1C - Vincent  
1E - George

2C - Julia  
2M - Tommy

3P - Tayseer  
3MC - Huxley

4K - McCauley  
4B - Eric

5T - Alexander  
5P - Atrissa

6M - Darcy J  
6P - Gracie

WATER  
BOTTLES

Only water please  
in your child's  
water bottle

**ZUMBA GOLD®**



Hempstalls Primary  
School  
Mondays & Tuesdays  
7pm  
Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact workout. No booking required, just turn up at the door and join in with a super friendly group of ladies.  
*For more information, contact Jennie on 07921820823*



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# CHAMPION MOMENTS



**PLAYING A MUSICAL INSTRUMENT**



**PERFORMING AT THE THEATRE**



**GYMNASTICS – BALANCE AND BEAM**

## **YOUR TRASH IS OUR TREASURE!**

**AT HEMPSTALLS, IN THE EYFS DEPARTMENT WE ARE IN THE PROCESS OF DEVELOPING OUR LEARNING ENVIRONMENTS. WE ARE EAGER TO GATHER WOODEN, NATURAL & REAL RESOURCES FOR OUR CLASSROOM THAT WILL ENHANCE LEARNING AND VOCABULARY FOR OUR CHILDREN AND CREATE A PURPOSEFUL, CALM AND INVITING ENVIRONMENT.**

**IF YOU HAVE ANY OF THE BELOW YOU WOULD BE HAPPY TO DONATE, OR YOU KNOW WHERE WE COULD SOURCE ITEMS THAT ARE IN GOOD CONDITION PLEASE SPEAK TO YOUR CLASS TEACHER / ROOM LEADER.**

**WE ARE LOOKING FOR ...**  
**OLD SAUCEPANS / KITCHEN UTENSILS**  
**WOODEN CRATES**  
**ELECTRICAL CABLE DRUMS**  
**PICTURE FRAMES**  
**SMALL RUGS / MATS**  
**BASKETS**

**THANK YOU FOR YOUR CONTINUED SUPPORT**  
**MRS MULLOCK ( ASSISTANT HEAD / EYFS LEADER)**



# Suicide Prevention Support

## Hub of Hope

Mental Health Support Network  
provided by Chasing the Stigma

[hubofhope.co.uk](http://hubofhope.co.uk)



## Shout

24/7 crisis support across the  
UK. Text SHOUT to 85258 if you  
are experiencing a mental health  
crisis and need support.



## The Mix

If you're under 25 and need  
help but don't know where to  
turn

0808 808 4994



## National Suicide Prevention Helpline UK

Offers a supportive listening  
service to anyone with thoughts  
of suicide 0800 689 5652



## Sheffield Children's NHS Foundation Trust

24/7 Helpline  
0808 801 0612



## Campaign Against Living Miserably (CALM)

Helpline and livechat are  
open everyday 0800 58

58 58



## Samaritan

The Samaritans 24-hour service to talk to right now call 116 123 or [jo@samaritans.org](mailto:jo@samaritans.org)

**SAMARITANS**

## Switchboard

If you identify as gay, lesbian, bisexual or transgender, you can call 0300 330 0630, email [chris@switchboard.lgbt](mailto:chris@switchboard.lgbt) or use webchat service. Phone operators all identify as LGBT+.



## PAPYRUS

We provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person through our helpline, HOPELINEUK.

Call - 0800 068 4141

Text - 07786 209 697.







# Parenting Smart



**We all want the best for our children, but parenting can be really tough sometimes. We've all been there.**

Place2Be's Parenting Smart is a new site for parents and carers of 4-11 year olds, offering practical advice on supporting your child and managing behaviour.

All of our content is created by Place2Be's parenting experts. It's based on evidence and their experiences working with children, young people and their families.

Designed with busy parents in mind, the site has short videos and articles on topics from meltdowns to bullying, from sleeping difficulties to encouraging self-confidence.



Learn more at  
[parentingsmart.org.uk](https://parentingsmart.org.uk)

Or scan me



**Exclusive to Place2Be schools**

# Parenting Smart – Online Course

Parents and Carers of 4-11 year olds can now access our free online course providing you with extra tools to deal with **everyday parenting challenges**.

The course aims to help you **strengthen your relationship with your child** and **respond helpfully to challenging behaviour**. You can also join discussions with other parents in your group from across the UK.

Designed to fit around busy family lives, the 6-week course can be **broken down into short 15-minute sections** and you can access it from your mobile phone, tablet or any other device.

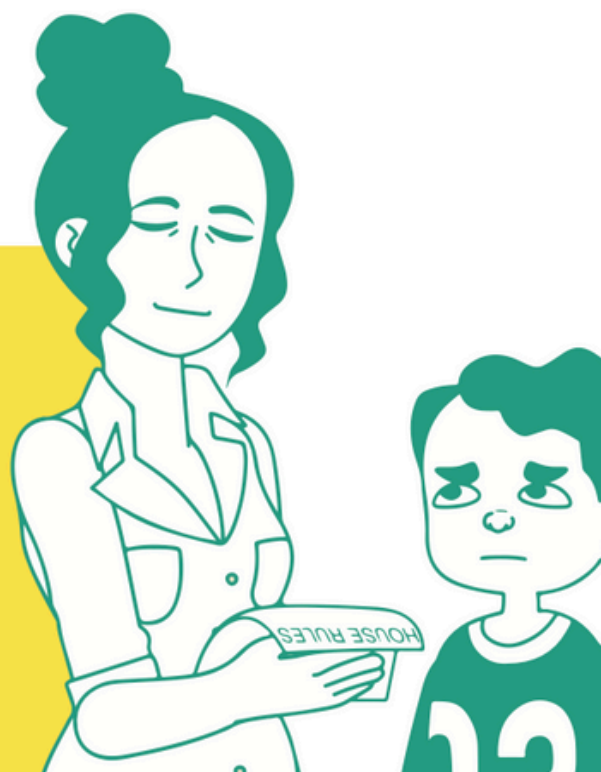
All of the content is based on the latest evidence and experience from Place2Be's Parenting Team, in partnership with South London and Maudsley-NHS Foundation Trust.

- ✓ Free
- ✓ No fixed times
- ✓ Accessible from any device
- ✓ Hear from other parents around the UK
- ✓ Place2Be professional on hand to support learning



Learn more at  
**[place2be.org.uk/family](https://place2be.org.uk/family)**  
or talk to the Place2Be  
staff member in your  
school.

Or scan me







# Are you concerned about a child?

If you are concerned about a child:

Make a factual record of your concern.  
(Include day, date, time, other witnesses, concern and your signature).

You must share your concerns without delay



**Miss A Bell**  
**Designated Safeguarding Lead Officer**



**Mrs K Timmis**  
**Safeguarding Lead**



**Mrs J Hemmings**  
**Deputy Designated  
Safeguarding Officer**



**Mrs R Mullock**  
**Safeguarding Lead**



**Miss C McDonald**  
**Safeguarding Lead**



**Mrs E Kirkham**  
**Safeguarding Lead**

**Or Contact Staffordshire Children's Advice and Support Service**  
**0800 111 8007**