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Newsletter

Dear Parents/Carers,

As another half term draws to a close, we find ourselves ready for the Easter holidays.

We were thrilled to announce that the children who earned their golden prize had a fantastic time at Ninja Warrior. We eagerly anticipate seeing which children will strive for gold once again after the Easter break.

In exciting news, our local MP, Aaron Bell, visited our School Council meeting today. The children posed insightful questions, showing their engagement and intellect.

A heartfelt thank you to all the parents for your unwavering support this week. The EYFS children looked absolutely delightful in their Easter Bonnets, while KS2 performed us with their very sleek Easter performance yesterday. The children have thoroughly enjoyed their Easter-related activities, especially their egg treats today.

Our parental consultations proceeded smoothly this week. For those who have not yet made an appointment, our staff will be in touch to arrange one after the Easter break.

Wishing you and your families a delightful Easter break filled with joy and relaxation.

Warm regards,

Miss A Bell
Headteacher

22nd March 2024

Term Dates



Friday 22nd March - Finish for Easter

Monday 8th April - Return to School



Attendance and Punctuality

Be at school every day and on time!
Every minute of

Champion Moments

Arts



Easter Bonnet Parade

Community



Celebrate a Special Birthday

Community



Visit from Local MP

JOIN OUR NURSERY!

We still have places available in our Nursery, please speak to the office about making an application.



Ways to teach your child empathy

EVERYONE HAS DIFFERENT VIEWS

Not everyone has the same beliefs of views. It's important that everyone's opinion deserves to be listened to. By doing this your child will learn to have empathy for others.



BE THERE EMOTIONALLY

For a child to understand empathy, they need to be shown it. Children are more likely to model this behaviour if they have had their own emotional needs met.



LOOK BEYOND THE SURFACE

Encourage your child to look beyond their friends rude or hurtful behaviours. Teach them that someone may have acted a certain way because they are hurting themselves. There are many factors to others behaviour. They could be feeling sad, jealous, or pain and this led them to say hurtful things.



CALL OUT MEAN BEHAVIOUR

If your child says something unkind to you, let them know that this is not okay. This teaches them that their behaviour affects others. There are other ways to cope with feeling angry or sad.



www.thestillmethod.com



Wellbeing corner

Stress Bucket Analogy



@creative clinical psychologist

@Dr Juliet Young

Important Message

As of Monday 11th March, the main office/pedestrian gate will remain closed until 8:30am. Children accessing the free breakfast club will enter via the KS1 playground and will be met by a member of staff at 8:15am by the castle. For health & safety reasons, an adult must remain with your child until handed over at the gate. Entrance to breakfast club will open at 8:15am and close at 8:20am - if your child arrives after the gate has closed, you must wait until the main gates open at 8:30am.

We will review this half termly. Thanks for your co-operation.



Please be respectful to our local neighbours when parking around the school area please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Vegan Sausage Roll with Potato Salad	Meat Feast Pizza	Roast Chicken with Roast Potatoes & Gravy	Chicken Curry with Rice	Oven Baked Fish Fingers with Chips
Vegetarian	Spiced Vegetable Curry with Rice (v)	Margherita Pizza (v)	Roasted Vegetable Quesadilla with Roast Potatoes	Tomato Pasta	Veggie Nuggets with Tomato & Sweetcorn Sala and Chips
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
Deli					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
Vegetables					
Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables	Hot Seasonal Vegetables
Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)					
Berry Crumble Traybake	Oat & Lemon Cookie	Strawberry Mousse	Pear & Ginger Cake	Jelly	

Fresh seasonal salad and bread available daily.



CHAMPION AWARD

RB	Zelda	3P	Oliver
RM	Henry	4B	Millie
1C	Kasey	4K	Riley
1E	Noah	5T	Maddie
2C	Oliver	5P	Indie
2M	Alana	6M	Oliver
3Mc	Oliver	6P	Blossom



Good To Be Green & Attendance

Congratulations to all the Good to Be Green and 100% attendance winners this week

Good To be Green

Reception & KS1

RB Alyssia, 1E Leen & Macie, 1C Autumn, 2C Iris/Pedro, 2M Mason

KS2

3P Bertie, 4B Eric, 5P Oliver, 5T Harriet

100% Attendance

Reception & KS1 - Charlie KS2 - Cathryn

Class Attendance

5T



Jackson Award

For demonstrating the school values of Respect, Resilience, Prepared, Curious, Kindness

1C - Devonte	2C - Isla	3Mc - Alyssa	4B - Holly	5P - Vinnie	6M - Ava
1E - Brylei-Rae	2M - Jake	3P - Eliza-Rae	4K - Jasper	5T - Cara-Louise	6P - James

ZUMBA GOLD®



Hempstalls Primary School
Mondays & Tuesdays
7pm
Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact

workout. No booking required just turn up at the door and join in with a super friendly group of ladies.

For more information, contact Jennie on 07921820823



WATER BOTTLES

Only water please in your child's water bottle



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PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING EASTER HOLIDAYS 2024

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from From Mon 12th - Fri in Half Terms 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

COCONUT TREE

One child (10 & Under) eats free per paying adult. Valid from 23/03/2024 - 14/04/2024

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

BILLS

Two kids can eat free ALL DAY (Weekdays) from Monday 25th March - Friday 12th April 2024, with one adult main dish.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.