



# Hempstalls Primary School

COME AS YOU ARE AND LEAVE AS A CHAMPION



[www.hempstalls.staffs.sch.uk](http://www.hempstalls.staffs.sch.uk)



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# NEWSLETTER

Dear Families and Friends of Hempstalls,

We've had a wonderful week at Hempstalls! We kicked off the week with Miss Potts leading an incredible assembly to launch our Science block for the next couple of weeks. It was inspiring to hear many of the children share their aspirations for future careers involving Science. The children have thoroughly enjoyed participating in scientific activities during our afternoon sessions.

We are also thrilled to announce that we have achieved the Primary Science Quality Mark—an incredible accreditation that reflects all the hard work Miss Potts and the team have put into Science.

Today, we held our monthly retrieval day, and it was wonderful to see and hear the children recalling and discussing their previous knowledge with confidence.

A big thank you to the Year 3 team for organising a fantastic trip to Middleport Pottery this week, which beautifully complemented our history curriculum. The children were highly knowledgeable and enjoyed every minute of the experience.

Another exciting achievement—well done to Year 6, who have been thoroughly enjoying their weekly skiing lessons so far!

Thank you for your continued support.

Best regards,  
Miss A. Bell  
Headteacher



**27TH SEPTEMBER 2024**

## TERM DATES



### AUTUMN TERM 2024

Friday 25th October 2024 - School closes for half term

Tuesday 5th November 2024 - School reopens

Friday 20th December 2024 - School closes for Christmas

Tuesday 7th January 2025 - School reopens

## Prospective New Parents

School Visits - Come and visit our wonderful school.

Friday 27th September 9:30am + 2pm

Wednesday 9th October 5pm

Friday 18th October 9:30am + 2pm



## Attendance and punctuality

Be at school every day and on time!



- Parent Protect - Internet Safety
- Keeping children safe online - NSPCC
- Keep Children Safe Online - Internet Matters

Some useful parent links to help keep our children safe online.



Please be respectful to our local neighborhoods when parking around the school area, please do not block driveways. No dogs allowed on school grounds.

Allergy information available on request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	'Mac and Squash' Cheese	Sausage and Mash with Gravy	Roast Chicken with Roast Potatoes & Gravy	Asian Chicken Noodles or Rice	Crispy Baked Fish with Chips
Vegetarian	Pasta Primavera	Veggie Sausage Traybake with Mash	Roasted Vegetable Tart with Roast Potatoes	Thai Veggie Fried Rice	Onion Bhaji and Chutney Wrap with Chips
3rd Options	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Coleslaw
<b>Deli</b>					
Deli Option with Ham, Tuna Mayo, Egg Mayo or Cheese					
<b>Vegetables</b>					
Hot Seasonal Vegetables					
<b>Dessert (Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.)</b>					
Orange Shortbread					
Apple & Rhubarb Crumble with Custard					
Crispy Cake					
Coconut Berry Vegan Cake					
Dessert					
Fresh seasonal salad and bread available daily.					



## CHAMPION AWARD

**RB - Edan**  
**RMC - Jenson**  
**1E - Ruby**  
**1T - Caleb**  
**2H - Charlie**  
**2M - Harper**  
**3C - Emily**

**3MP - Sophie**  
**4B - Bertie**  
**4K - Huxley**  
**5P - Eric**  
**5T - Jasper**  
**6P - Mavy**  
**6R - Alfie**

## GOOD TO BE GREEN & ATTENDANCE

Congratulations to all the Good to Be Green and 100% attendance winners this week

### Good to Be Green

#### Reception & KS1

2H - Isabella & Sarah & Kasey & Elakshi

#### KS2

3C - Lucas, 3MP - Oliver H, 4K - Laurena & Isaac, 5P - Lottie, 5T - Cameron, 6P - Demi-Leigh

### 100% Attendance

Reception & KS1 - Autumn (2M) KS2 - Maddie (6R)

2H

## JACKSON 5 AWARD

**1E - Austin**  
**1T - Navaeh**

**2H - Macie**  
**2M - Muhammad**

**3C - Martha**  
**3MP - Iris**

**4B - Tiffany**  
**4K - Ollie**

**5P - Steven**  
**5T - Aaradhya**

**6P - Zoriyaan**  
**6R - Mollie**

**WATER BOTTLES**

Only water please in your child's water bottle

**ZUMBA GOLD®**



Hempstalls Primary School  
 Mondays & Tuesdays  
 7pm  
 Class fee £5

A dance/fitness Zumba programme for those who prefer a lower impact workout. No booking required, just turn up at the door and join in with a super friendly group of ladies.  
 For more information, contact Jennie on 07921820823



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# Wellbeing corner

For anyone who needs some support right now, you're not alone.

Anxiety UK - 03444775774

CALM - 0800585858

Mind - 03001233393

No Panic - 08449674848

Bereavement - 08088081677

PAPYRUS - 08000684141

Samaritans - 116 123

SHOUT - 85258

Abuse - 080820005000

Refuge - 08082000247

## School! drop off

Separation anxiety tips

### Keep calm

School mornings can be a rush. Try and organise as much as you can the evening before, so that you and your child can be as relaxed as possible before you leave for school. Keep positive about your child's day at school.



### Practice

Go over and practice what will happen at school drop off. Be positive and let your child know what an exciting time they will have at school. Remind them about funny and happy experiences at school.

### Keep it short

When you get to the point of dropping your child into the classroom, keep the goodbye short and walk away. This can be hard when you know your child is feeling anxious, BUT if you are consistent, it will pay off.

[www.thestillmethod.com](http://www.thestillmethod.com)

YOUNGMINDS

**Hello  
Yellow**  
THURS 10 OCT

**Wear it loud.  
Wear it proud.**

Wear yellow this World Mental Health Day, 10th October, and donate to YoungMinds to support young people's mental health.

#HelloYellow

M&S | YOUNGMINDS

Child Protection Concerns

**Are YOU  
concerned  
about a child?**



If you are concerned about a child:

Make a factual record of your concern.  
(Include day, date, time, other witnesses, concern and your signature)

You must share your concerns without delay



**Miss A Bell**  
Designated Safeguarding Lead Officer



**Mrs J Hemmings**  
Deputy Designated  
Safeguarding Officer



**Miss C McDonald**  
Safeguarding Lead



**Mrs R Mulloch**  
Safeguarding Lead



**Mrs E Kirsham**  
Safeguarding Lead

Or Contact Staffordshire Children's Advice and Support Service  
0800 111 8007