



Year 1 Puzzle: Changing Me

Puzzle Piece	British Values	RSE Links	Objectives
1. Life Cycles	Mutual Respect Tolerance	Families and people who care about me.	Understand that everyone is unique and special: Life cycles. <ul style="list-style-type: none"> I am starting to understand the life cycles of animals and humans. I understand that changes happen as we grow and that this is OK.
2. Changing Me	Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Mental Wellbeing	Can express how they feel when change happens: Changing Me. <ul style="list-style-type: none"> I can tell you some things about me that have changed and some things about me that have stayed the same. I know that changes are OK and that sometimes they will happen whether I want them to or not.
3. My Changing Body	Democracy Rule of Law Individual Liberty Mutual Respect Tolerance		Understand and respect the changes that they see in themselves: My Changing Body. <ul style="list-style-type: none"> I can tell you how my body has changed since I was a baby. I understand that growing up is natural and that everybody grows at different rates.
4. Learning and Growing	Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Respectful Relationships	Know who to ask for help if they are worried about change: Learning and Growing. <ul style="list-style-type: none"> I understand that every time I learn something new I change a little bit. I enjoy learning new things.
5. Coping with Change	Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Families and people who care about me. Being Safe Mental Wellbeing	Are looking forward to change: Coping with Changes. <ul style="list-style-type: none"> I can tell you about changes that have happened in my life. I know some ways to cope with changes.
6. Celebration	Democracy Rule of Law Individual Liberty Mutual Respect Tolerance	Families and people who care about me. Being Safe Mental Wellbeing	Are looking forward to change - Celebration. <ul style="list-style-type: none"> I can share my memories of the best bits of this year.