



## Year 3 Puzzle: Changing Me

Puzzle Piece	British Values	RSE Links	Objectives
1. How Babies Grow	Mutual Respect Tolerance	Mental Wellbeing	<p><b>Understand that everyone is unique and special: How Babies Grow.</b></p> <ul style="list-style-type: none"> <li>I understand that in animals and humans lots of changes happen from birth to fully grown, and that usually it is the female who has the baby.</li> <li>I can express how I feel when I see babies or baby animals.</li> </ul>
2. The Changing Me	Individual Liberty Mutual Respect	Changing adolescent bodies	<p><b>Understand and respect the changes that they see in themselves: The Changing Me.</b></p> <ul style="list-style-type: none"> <li>I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.</li> <li>I feel proud about becoming more independent.</li> </ul>
3. Outside Body Changes	Individual Liberty	Mental Wellbeing Changing adolescents body	<p><b>Understand and respect the changes that they see in themselves: Outside Body Changes.</b></p> <ul style="list-style-type: none"> <li>I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.</li> <li>I can identify how boys' and girls' bodies change on the outside during this growing up process.</li> <li>I recognise how I feel about these changes happening to me and know how to cope with those feelings.</li> </ul>
4. Assertiveness	Rule of Law Individual Liberty Mutual Respect	Respectful Relationships Being Safe	<p><b>Know who to ask for help if they are worried about change: Assertiveness.</b></p> <ul style="list-style-type: none"> <li>I understand there are different types of touch and can tell you which ones I like and don't like</li> <li>I am confident to say what I like and don't like and can ask for help.</li> </ul>
5. Family Stereotypes	Mutual Respect Tolerance	Families and the people who care for me. Respectful Relationships Mental Wellbeing	<p><b>Know who to ask for help if they are worried about change: Family Stereotypes.</b></p> <ul style="list-style-type: none"> <li>I can start to recognise stereotypical ideas I might have about parenting and family roles.</li> <li>I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes.</li> </ul>
6. Looking Ahead	Individual Liberty Mutual Respect	Mental Wellbeing	<p><b>Are looking forward to change: Looking Ahead.</b></p> <ul style="list-style-type: none"> <li>Identify what I am looking forward to when I move to my next class</li> <li>Start to think about changes I will make next year and know how to go about this.</li> </ul>